

## Comments of participants:

You have taken us on a journey we did not know was possible, into a world we thought we knew, but had barely touched. We also have learned how to explore the rest of this vital world on our own.”

Eric, Sweden

“I feel empowered, bewildered, intoxicated, joyful, happy, weakened, strengthened, lovely, loved, vulnerable, alive and very present. Thank you for a wonderful, wonderful week.”

Sanna, Sweden

“If the time has come to let love meet meditation, this is the opportunity. This course revealed the necessary tools and secrets for making this mystery happen”

Amrita, Sweden

“Don’t think of it, just go for it! It is a gift for you and your partner for the rest of your lives.”

A Swedish Participant

“Our love has become richer, softer, more powerful, deeper and most important more present. I have been longing for this all my life.-The art of BEING in love.

Thank you for exploring Tantra the way you do (I mean the way you are).”

Carina, Sweden

“We have been living together for 17 years and this course (which we have taken four times) has really changed the way of looking at our relationship and deepened our understanding about ourselves and our sex life“

Per Frisk (Publisher of Hålsa Magazine)

Monika Frisk (Publisher of Energivågen), Sweden

“After all therapy, all satsang, this is it. I is about the god meeting the goddess in physical manifestation.”

A Swedish Participant

“Learning the art of being present combined with the art of making love took me and my partner to heights never visited before”

Hans, Sweden



## DATES:

**Start:** Saturday 19 May 2012 at 1900 (dinner)

**End:** Saturday 26 May 2012 at 1400 (lunch)

## COST:

including accomodation, full board and course fee:

**AUS 2400.00/person**

**early bird** with full payment before 1 December 2011:

**AUS 2200.00/person**

A non refundable deposit of \$100.00 per person is required to secure your place

## LOCATION

Gaia Oasis, Tejakula, Bali Indonesia

## INFORMATION AND BOOKING:

**Dr. Rahasya Fritjof Kraft, Nura Anette Kraft**

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## BANK DETAILS:

Westpac Bank, 73 Johnson Street,

Byron Bay, NSW 2481, Australia

BSB 032583, Account Nr.: 117871

SWIFT code: WPACAU2S

Account Name: Inner and Outer Adventures



# Tantra Alchemy for couples



**A Sacred Retreat in Bali  
with Rahasya and Nura**

19 - 26 May 2012

in Gaia Oasis, Bali



**Dr. Rahasya Fritjof and Nura Anette Kraft**

are Partners in Love and Meditation for more than 27 years. They went through many phases in their love life, melting deeper and deeper into intimacy and wholeness.

In this course they want to share some of their vast experience in Tantra and energy transformation.

Nura is a teacher in Aura Soma Color Therapy and Rahasya is a physician, author and spiritual teacher with more than 30 years work experience.



livingunity

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**This course is a gift for every couple that likes to open to new dimensions of love and truth and embrace relationship as a path of awakening.**

**The Explorations include:**

- **Opening the Heart**
- **Moving in Synchronicity**
- **Exploring the Chakra map in relation to lovemaking and relating**
- **Understanding the layers of the mind and its pitfalls**
- **Staying open in “hell”**
- **Deep relaxation in the love act**
- **Expansion versus Ejaculation**
- **Love Meditation**
- **The Peak and Valley Orgasm**
- **Refinement of the Senses**
- **The Woman’s “Home”**
- **The Man’s “Home”**
- **Receptivity: The key**
- **Devotion and Love**
- **The Circle of Love**
- **The Inner Flute**
- **The Mystical Union**
- **Opening to the divine**



**Tantra Alchemy for Partners is a sacred exploration into Love, Intimacy and Sex.**

It is a gentle reeducation in sex and love, and, for some perhaps, a very first education. We carry many beliefs, ideas, dreams and hopes around sex that we have adopted from the examples of our parents and peers, movies and books. We believe we have to please and satisfy the other and work towards a good climax. We use sex as a means to reach an end, incapable of relishing the depth of each moment.

**Tantra Alchemy supports the partners to move from habits, expectations and ideas into the discovery of love, presence and energy now.**

Man and woman are living in different polarities, which create attraction and, in unconsciousness, lead to most of the difficulties in relationship. In discovering and resting in our natural polarity, which is different for man and woman, we find the source from where in deep receptivity a spontaneous energyflow can begin between the partners, always fresh, always new, a real source for love.

**We move from fantasy to presence, from excitement and goal orientation to sensitivity, receptivity, vitality and love.**



In Tantra Alchemy for Partners a sacred atmosphere is created where man and woman can come together in meditation and love, returning to wholeness and fulfillment.

In this course we will respectfully explore Tantric wisdom and exercises in the group room and then send the lovers to their rooms to deepen their experience in the privacy of their rooms.