

Bali Yoga Retreat

June 1st -7th 2014
Gaia Oasis Tejakula, Bali

Join me for a wonderful week of Yoga in beautiful Bali.

Whether you are new to Yoga or already have an established practice, this retreat is an opportunity for you to experience some of the many benefits of yoga through postures, meditation, relaxation and prayer.

- 7Days / 6 nights
- twice daily yoga sessions
- delicious vegetarian meals
- private bungalow or twin share
- airport transfers

0423249445

Early bird discount - BOOK NOW



Jo Cunningham YOGA
jagadamba1@yahoo.com

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Jo Cunningham has been teaching yoga for over a decade. Her dedication is reflected in her dynamic style, experience and authenticity. She encourages students to find a balance between strength and grace and to cultivate their self awareness.



"Thank you so much for holding the retreat.. I can't actually describe in words how deeply things shifted inside of me and how settled and strong my heart feels... I feel so grateful for you to have helped me get back in touch with my true self." 2013 retreat participant

Bookings and enquires

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