



## MAN AND WOMAN A SACRED UNION

This Workshop takes place on the beautiful and magical, tropical island of Bali – at the Gaia-Oasis Retreat Center, located on the shores of Bali's North coast.

All Bungalows have a beautiful sea view, a kitchenette and large windows overlooking tropical greenery. Open-air Bathrooms are equipped with a hot water shower. The retreat center offers many services including relaxing massage, free Wi-Fi, pool and library.

<http://www.gaia-oasis.com/>



## **About the Workshop**

The Workshop “Man and Woman - A Sacral Union” – is a shared journey into our primordial nature, to our true essence. For 7 glorious days we will be opening with each other as we journey into the recognition of our true nature.

This workshop is about how to go deeper into being Man and Woman; to recognize the nature of these qualities within ourselves and each other; to understand and feel how we are similar and where we are different. We will explore how to accept our own female and male qualities as well as those of our counterparts. Through acceptance and awareness of our own nature we will be building relationships with each other in love, freedom and creativity.

This is an amazing and beautiful union of Man and Woman, where we open ourselves through practices of acceptance of our body, connecting with Mother Earth and Father Sky, and connecting to the generations of females and males before us. For women – this is an amazing opportunity to accept your masculine nature: For men – this is an opportunity to recognize your sensual and emotional nature, and to accept your body and your connection to Mother Earth.



## **About Maya**

Maya – Creator and teacher of Mandala dance, Master of tantra, breathing and meditation practices.

When just 18 years old, Maya started practicing and travelling all over the world, attending retreats of Teachers like sufi master Sahira, dzogchen teacher, NamkaiNorbu, among others.

After that her life became integrated. She has 14-years therapeutic experience working with people – energy healing, reiki, massage, etc. She has been studying many dance traditions for 6 years (contact improvisation, modern, tango, flamenco), constantly visiting international festivals.

[www.mayamandala.com](http://www.mayamandala.com)

## **About TyeZan**

TyeZan - Human Design Practitioner, Women Empowerment Facilitator.

TyeZan started his training in various forms of Martial Arts and Oriental Thought while still in his early teens. In his early twenties, he started his journey into mastering different forms of Bodywork and Energy Work. In 1982, while working as a professional Modern Dancer in Germany, he began his practice of Hatha Yoga.

After moving to Ubud, Bali in February, 2010, TyeZan, through his new insights based on The Human Design System, narrowed the core of his practice to a sequence of asanas, conscious breathing techniques and energy movements which he called Aestehtik Yoga™.

Over the course of several years, TyeZan was able to synthesize his practice with his discovery of [The Perpetual Orgasm™](#); a method used to simplify and intensify into one technique a direct way to make every moment orgasmic.

He holds space for the Divine Feminine and leads Ecstatic and other Free Form dance events. [www.perfectedform.com](http://www.perfectedform.com)

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